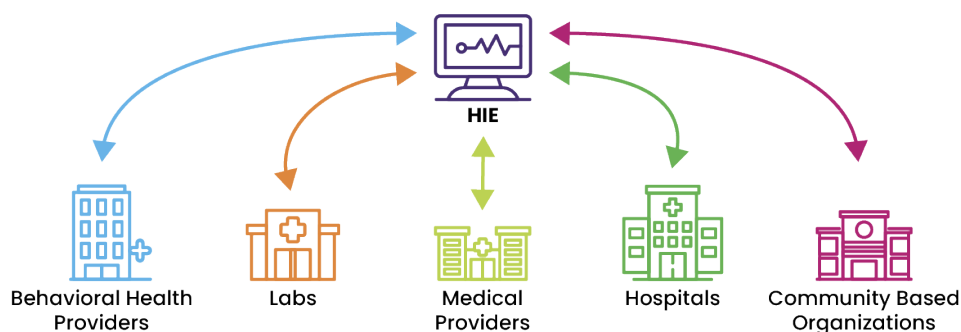


What You Need to Know About Secure Sharing of Your Health Information

Doctors and hospitals can give you better healthcare by sharing your health information electronically. This is very important in emergencies. This sharing is done electronically through Contexture, the health information exchange (HIE) for Arizona and Colorado.



Many doctors' offices and hospitals are switching from paper medical records to electronic medical records. During your most recent doctor's visit, you may have noticed your doctor using a laptop or tablet to type in your health information. Now that your health information is stored safely in a computer, it can be shared more easily among your doctors' offices, hospitals, labs, and radiology centers. Your health information is shared securely through the HIE.

Secure sharing of your health information has many benefits:

- Better treatment in an emergency because your doctors will have information about your allergies and your previous problems.
- Prevention of errors and harmful drug interactions.
- Lower overall costs of healthcare by avoiding duplicate tests, procedures and prescriptions.

For details about how your health information will be shared and how it will be protected, please read the **Notice of Health Information Practices** you received at your doctor's office.

NOTE: If you do not want your health information shared through the HIE, please ask your provider to submit an Opt Out Form. For more information, visit www.contexture.org and click the For Patients button.